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# Some Basic Vocabulary

Posted by Stephen - 2008/05/19 10:14

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Chui - Penalty in contest for minor infringement of rules  
Dan 'Grade' - A person who has attained Black belt or higher  
Dojo - Hall where Judo or other Martial Art is practised  
Hajime - start or continue  
Hantai - Judges decision  
Hikiwake - Drawn Contest (no score)  
Ippon - Outright win (scored as 10)  
Judogi - Judo Outfit  
Judoka - Judo Student  
Kata - 'Form' - Standardised demonstration to preserve and clarify principles  
Kiotsuke - Attention, sit up straight.  
Koka - Minor score (scored as 3)  
Kyu - 'Step' - Intermediate grades from beginner to dan,  
Matte - stop immediately.  
Osaekomi - hold is considered applied  
Randori - Informal practice similar in concept to sparring  
Rei - Bow  
Sensei - Highest grade present or an Instructor  
Shiai - Formal practice, i.e. contest  
Shido - Penalty for infringement of rules  
Soremade - 'That is all' - Contest, demonstration, practice or lesson is terminated  
Toketa - hold is considered broken  
Tokui - Favourite/preferred  
Ukemi - The breakfall technique or exercise  
Uchikomi - Continuous repetition of a technique to learn or improve on it  
Waza - Technique  
Wazari - Major score, almost Ippon, (scored as 7)

Yuko - Almost Wazari (scored as 5)

## THIS LIST IS A SMALL SELECTION OF THE BASIC TECHNIQUES OF JUDO

### Ukemi Waza (Break-fall Techniques)

1. Ushiro (Rear)
2. Yoko (Side)
3. Mai (Front)
4. Jenpo Kaiten (Rolling)

### Nage Waza (Throwing Techniques)

#### A. Koshi Waza (Hip Techniques)

1. Uki Goshi (Floating Hip)
2. Harai Goshi (Sweeping Hip)
3. O Goshi (Major Hip)
4. Hane Goshi (Spring Hip)
5. Tsuru Komi Goshi (Lift Pull Hip)

#### B. Te Waza (Hand Techniques)

1. Uki Otoshi (Floating Drop)
2. Tai Otoshi (Body Drop)
3. Seoi Nage (Back Carry/Shoulder Throw)

#### C. Ashi Waza (Foot Techniques)

1. O Soto Gari (Major Outer Reaping)
2. O Uchi Gari (Major Inner Reaping)
3. De Ashi Barai (Advancing Foot Sweep)
4. Okuri Ashi Barai (Sliding/Following Foot Sweep)
5. Ko Uchi Gari (Minor Inner Reaping)
6. Tsuru Komi Ashi (Lift Pull Foot)
7. Hiza Garuma (Knee Wheel)
8. Uchimata (Inner Thigh)

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D. Ma Sutemi Waza (Rear Sacrifice Techniques)

1. Tomeonage (Stomach or Circle)
2. Uranage (Rear)
3. Sumi Gaeshi (Corner)

E. Yoko Sutemi Waza (Side Sacrifice Techniques)

1. Yoko Gake (Side Body Drop)
2. Yoko Garuma (Side Wheel)
3. Uki Waza (Floating)

There are also variations on these techniques such as Makikomi (Winding) and Gaeshi (Counter).

Katamena Waza (Grappling/Controlling Techniques)

A. Osaekomi Waza (Immobilisation Techniques)

1. Kesa Gatame (Scarf Hold)
2. Kzure Kesa Gatame (Broken or Modified Scarf Hold)
3. Ushiro Kesa Gatame (Rear Scarf Hold)
4. Kata Gatame (Shoulder Hold)
5. Yoko Shiho Gatame (Side Fourquarters Hold)
6. Kami Shiho Gatame (Upper Fourquarters Hold)
7. Kazure Kami Shiho Gatame (Broken or Modified Upper Fourquarters Hold)
8. Tate Shiho Gatame (Vertical Fourquarters Hold)

B. Kansatsu Waza (Joint Lock Techniques)

1. Ude Garame (Arm Wrap/Figure four)
2. Ude Hishigi Juji Gatame (Arm Lock Cross Hold)
3. Ude Gatame (Arm Hold)
4. Ude Hishigi Ashi Gatame (Arm Lock with Leg Hold)
5. Ude Hishigi Hiza Gatame (Arm Lock with Knee Hold)
6. Waki Gatame (Armpit Hold)

C. Shime Waza (Strangle/Choke Techniques)

1. Hadaka Jime (Naked Strangle)
2. Okuri Eri Jime (Sliding Lapel Strangle)
3. Kata Ha Jime (Single Wing Strangle)
4. Kata Juji Jime (Single Cross Strangle)
5. Nami Juji Jime (Ordinary Cross Strangle)
6. Gyaku Juji Jime (Reverse Cross Strangle)

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## Re:Some Basic Vocabulary

Posted by Ptnippon - 2008/05/31 06:50

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Here's a helpful hint:

The vowels in Japanese are pronounced just like in Spanish. Generally speaking the emphasis on Japanese is usually place on the second syllable not the first.

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## Re:Some Basic Vocabulary

Posted by Stephen - 2008/05/31 09:29

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Hi Paul,

If I am correct, as an example,

Judo is juDO,

Hajime is haJIme

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Tomoenage is toMOenage

Uki waza is uKI waza.

The caps are where I assume the emphasis is placed, I will have to find a way to link this page to your recorded pronunciations as that would clarify what you are saying

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## Re:Some Basic Vocabulary

Posted by Stephen - 2008/05/31 13:38

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<http://judoinfo.com/terminology.htm>

Here is a link to the webpage, pronouncing the Judo terms, the Voice is that of Paul Nogaki Sensei

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## Re:Some Basic Vocabulary

Posted by Dr Leadbeater - 2008/06/02 11:06

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Chui is no longer used as it has been replaced with a generic "Shido" to cover all penalties except Hansaku Make

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