
Mitchell at St Albans - Herts Closed

Posted by Stephen - 2008/06/01 15:36

{youtube}gzmbb_gA6-Y{/youtube}

Who wants to have a guess at what the throw is at 39 seconds...

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Re:Mitchell at St Albans - Herts Closed

Posted by judojay - 2008/09/26 11:12

Yea nice throw. Either Yoko Gake or Ko Soto Gake variation.

Do I get a prize :laugh:

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Re:Mitchell at St Albans - Herts Closed

Posted by Stephen - 2008/10/04 14:39

Jay, you want a prize for guessing with an either or answer, man, that would be too easy mate

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Re:Mitchell at St Albans - Herts Closed

Posted by judojay - 2008/10/07 13:20

Hehe, yea okay. After much thought I'm going for Yoko Gake as the throw uses a sutemi waza to the side.

Right now thats over what do I get ! :-)

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Re:Mitchell at St Albans - Herts Closed

Posted by Stephen - 2008/10/13 15:07

So you think its a yoko gake,

I am afraid you are incorrect, Jay

No prizes for second place as Alf would say, silver is the losers medal, :laugh:

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